

4 Walks: Filled

Be sure you are filled with the Holy Spirit, so you can have power for living

Group Discussion Flow

connect with needs

- ▶ Find out how they are doing. Ask also how their **action to take** and **person to tell** went last week.
- ▶ Pray for wisdom from God for the session.
- ▶ Start by stating: *"Often we need help to do a difficult assignment."*
Then, surface experiences:
"Let me tell you how I have experienced this."
"Tell us how you have experienced this."
- ▶ Transition to the Bible by saying, *"This is also true in a relationship with God."*

notes and preparation checklist

pray

- Pray for wisdom.
- Pray for group members.

connect

- Think of a good personal example to share.
- Decide when and how to transition from **connect** to **hear**.

hear what God says

- ▶ Read (or tell) a Bible story/passage related to the topic.
Choices:
Ephesians 3:16–20
Ephesians 5:18–21
John 18:15–18 (story)
Acts 2:14–22 (story)
Two of these passages may be enough to cover in one session.
Commentary:
Ephesians 3:16–20 — This is a stunning statement of how much help God is willing to give us through the power of the Holy Spirit.
Ephesians 5:18–21 — These verses give the command to be filled with the Holy Spirit and show the dramatic life-change that can result.

notes and preparation checklist

hear

Alternate questions to ask:

- Ephesians 3:16–20**
 1. *What are some benefits believers will experience if they take advantage of the presence of the Spirit in their lives?*
 2. *If we possess such power and such a sense of how much God loves us, in what ways might that affect our daily lives?*
- Ephesians 5:18–21**
 1. *What are some specific behaviors that result from being filled with the Spirit?*

John 18:15–18 together with **Acts 2:14–22** — This shows a remarkable change in Peter's courage within just a few weeks. Before being filled with the Holy Spirit, he denied Christ. After being filled, he preached with strong words to a large crowd.

- ▶ Discuss each passage using the following questions, or the alternate questions below:

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "Often we need help to do a difficult assignment"?

apply that to life

- ▶ State the main lesson: *"Be sure you are filled with the Holy Spirit, so you can have power for living."* Have them write the **lesson learned** on their Mini-Journal card.
- ▶ Discuss:
Why don't we always seek to walk in the power of the Holy Spirit?
What is one action you can take this week to live in the power of the Holy Spirit?
- ▶ Have them write down their specific **action to take**. Then in groups of two or three, have them share what action they plan to take. Finally, have them pray for one another.
- ▶ It may be appropriate to walk through the [Satisfied?](#) (Spirit-filled Life) booklet at this point.

notes and preparation checklist

apply

- Decide when and how to transition from **hear** to **apply**.
- Be prepared to encourage people to a specific action step. Have an example in mind.
- Print [Filled Mini Journal](#).

- 1. *What types of changes do you see in Peter from John 18 to Acts 2?*
- 2. *What seems to have been the major contributors to those changes?*

Note: Clearly the Holy Spirit provides significant help for difficult assignments in life.

tell someone they know

- ▶ Ask whom they know who might be interested in hearing about what they are learning.
- ▶ Have them write the name after **person to tell**. Then, in groups of two or three, have them share whom they plan to tell. Finally, have them pray for one another.
- ▶ Encourage them to tell those people in the next few days.

notes and preparation checklist

tell

- Encourage people to do this despite their natural tendency not to.
- Look for group members who **tell** easily. They may be good at leading their own group soon.