

4 Walks: Continually

Relate to God all the time



A

Group Discussion Flow

connect with needs

- ▶ Find out how they are doing. Ask also how their **action to take** and **person to tell** went last week.
- ▶ Pray for wisdom from God for the session.
- ▶ Start by stating: *"A relationship with a person greatly benefits from frequent interaction."*
Then, surface experiences:
"Let me tell you how I have experienced this."
"Tell us how you have experienced this."
- ▶ Transition to the Bible by saying, *"This is also true in a relationship with God."*

notes and preparation checklist

pray

- Pray for wisdom.
- Pray for group members.

connect

- Think of a good personal example to share.
- Decide when and how to transition from **connect** to **hear**.

hear what God says

- ▶ Read (or tell) a Bible story/passage related to the topic.
Choices:
Philippians 4:4–9
Psalms 16:8–9
1 Kings 19:9–18 (story)
Two of these passages may be enough to cover in one session.
Commentary:
Philippians 4:4–9 — These verses contain encouragement toward very frequent interaction with God: e.g. "rejoice always," "in everything... present your requests to God."
Psalms 16:8–9 — These verses give insight into the prayer life of David: "I have set the Lord continually before me."
In this discussion, you should be leading your group members to see how often during the day God

notes and preparation checklist

hear

Alternate questions to ask:

- Philippians 4:4–9**
 1. What specific topics of interaction with God are mentioned in this passage?
 2. What seem to be some positive outcomes which result from these interactions with God?
- Psalms 16:8–9**
 1. What positive outcomes in King David's life result from focusing on the Lord continually?

would like to have them talk with Him.

1 Kings 19:9–18 — Elijah after his victory over the prophets of Baal. Elijah thought he was abandoned and alone in his service to God. But God remained very near to him and had also preserved 7,000 other faithful believers to stand with Elijah in spiritual battle.

- ▶ Discuss each passage using the following questions, or the alternate questions below:

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "A relationship with a person greatly benefits from frequent interaction"?

- 2. What can we learn from this (and the previous) passage concerning a walk with God?

- 1 Kings 19:9–18**
 1. Where was God when Elijah was running for his life?
 2. What had God done in Israel to preserve the faith?
 3. How does this encourage you as you face discouragement in your life?

apply that to life

- ▶ State the main lesson: *"Relate to God all the time."* Have them write the **lesson learned** on their Mini-Journal card.
- ▶ Discuss:
Why don't we continually relate to God?
What is one action you can take this week to begin to relate to God more often?
- ▶ Have them write down their specific **action to take**. Then in groups of two or three, have them share what action they plan to take. Finally, have them pray for one another.

notes and preparation checklist

apply

- Decide when and how to transition from **hear** to **apply**.
- Be prepared to encourage people to a specific action step. Have an example in mind.
- Print [Continually Mini Journal](#).

tell someone they know

- ▶ Ask whom they know who might be interested in hearing about what they are learning.
- ▶ Have them write the name after **person to tell**. Then, in groups of two or three, have them share whom they plan to tell. Finally, have them pray for one another.
- ▶ Encourage them to tell those people in the next few days.
- ▶ Tell them how they will be helped by the next four sessions. See the [Dashboard, "4 Talks"](#).

notes and preparation checklist

tell

- Encourage people to do this despite their natural tendency not to.
- Look for group members who **tell** easily. They may be good at leading their own group soon.